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Tell It To Me Straight, Doc: Conversations Your Doctor Should Have With You

TELL IT TO ME STRAIGHT, DOC



Conversations Your Doctor Should Have with You

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Synopsis

There is no chronic medical condition that we treat, ever, where the plan should be Just take your meds. • Medications are great supportive tools, but they can never be greater than the patients themselves. They treat conditions, but they don't treat life. • Have you ever left a doctor's office thinking, I wish I had a better explanation of what's going on? • Have you ever felt like you were being rushed during a doctor's visit? Have you ever felt like your doctor was too quick to recommend tests or more medications? This is your chance to have a board-certified family doctor, with over sixteen years of experience, share his insights with you about many of the most common medical problems we all face in an understandable way. This is your guide to learning more about: how our bodies react to illness, how to address common symptoms that lead to medical visits, and how to regain control of your health without anyone glancing at their watch or needing a translation from Medicalese to English. This is your shot to be part of a conversation with your doctor, not just a lecture from him/her. This is your opportunity to learn and be empowered, not just to be treated and street-ed. • Finally, this is your chance to say, without hesitation, Tell It to Me Straight, Doc. •

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Customer Reviews

What a terrific guide for patients who want to take charge of their health! This is a must-have for anyone who has had unfulfilling or outright-bad relationships with their current or past docs. I feel like I have more control over how my future medical visits are going to go! Thank you Dr. C!!!

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